MASSES & SERVICES FOR THE COMING WEEK

Day	Date	Time		Church	Mass Intention	
Sat	24 Feb	4.45 pm 5:30 pm	Confessions Vigil Mass of Sunday	St. Anthony's	People of the Parishes	2nd Sunday of Lent
Sun	25 Feb	8.30 am 9:00 am 11.00 am 5.00 pm	Confessions Holy Mass Holy Mass Stations of the Cross	St. Lawrence'sNo Intention ReceivedSt. Lawrence'sNo Intention ReceivedSt. Teresa'sMary Gallagher RIPSt. Anthony'sSt. St. St. St. St. St. St. St. St. St.		2nd Sunday of Lent
Mon	26 Feb	5.45 pm 6.30 pm 7.00 pm	Adoration & Confessions Holy Mass Lent Talk	St. Teresa's St. Teresa's St. Teresa's	Intentions of Jamon & Anju	Lent Feria
Tue	27 Feb	9.15 am 10.00 am	Stations of the Cross Holy Mass	St. Anthony's St. Anthony's	Mary Blayney	Lent Feria
Wed	28 Feb					Lent Feria
Thur	29 Feb	8.45 am 9:30 am	Stations of the Cross Holy Mass	St. Lawrence's St. Lawrence's	No Intention Received	Lent Feria
Fri	l Mar	8.45 am 9:30 am 7.00 pm	Adoration & Rosary Holy Mass Stations of the Cross	St. Teresa's St. Teresa's St. Teresa's	No Intention Received	St. David
Sat	2 Mar	4.45 pm 5:30pm	Confessions Vigil Mass of Sunday	St. Anthony's St. Anthony's	No Intention Received	Lent Feria 3rd Sunday of Lent
Sun	3 Mar	8.30 am 9:00 am I I.00 am 5.00 pm	Confessions Holy Mass Holy Mass Stations of the Cross	St. Lawrence's St. Lawrence's St. Teresa's St. Lawrence's	People of the Parishes Fr Patrick McMahon RIP	3rd Sunday of Lent



LITURGY OF THE HOURS

(LIVE-STREAMED ON FACEBOOK) MONDAY - TUESDAY, THURSDAY - SUNDAY

Morning Prayer 8.00am

Evening Prayer 5.00pm



Night Prayer 9.15pm

Please continue to remember in your prayers:



those who are sick or housebound and their carers:

John Gourley, Doreen Graham, June Stephenson, Aileen, Tommy Allan, Tony Errington, Pat Matfin & Mary McLaren

Our sick children: Josh Graham, James Taylor, Joseph Relph, Colby Taylor & Charlie Davidson



THE CYCLE OF PRAYER

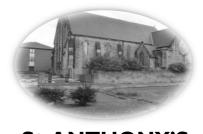


For the terminally ill: We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment

During Lent

We are asked to pray for these intentions: ; Candidates for the Sacraments, Women, The Needy and Hungry of the world. Penitents and Wanderers.





St.TERESA'S Heaton Road, Heaton

St.ANTHONY'S



Parish Priest:	Fr Jonathon Bowes		Tel: Email:	0191 265 5290 Jonathon.bowes@diocesehn.org.uk
Parish Secretary: Office Hours:	Christine Dixon Thursday & Friday	9.00am-3.00pm	Tel: Email:	0191 265 5290 stteresa.heaton@diocesehn.org.uk
Safeguarding Reps:	St. Teresa's: St. Lawrence's: St. Anthony's:	Jean Potts George Paul Atl Christine Dixon		
Parish Websites:	www.stteresaeastnew	castle.org.uk		www.stanthonysstfrancis.org.uk

THIS WEEKS REFLECTION FROM FR. JONATHON

Mountains have always been a place for human beings to seek the transcendent. In the Old Testament we know of Mount Sinai and Moses' encounter with God there. In today's gospel we hear of another encounter with the divine on a mountain, the place of the transcendent. This encounter takes place not in front of the crowds, or even the Twelve. This encounter is special; it is unique. For this special event, lesus takes Peter, lames and lohn. The language of this encounter is steeped in symbolism, beginning with the mountain itself, but including the white garments, the cloud, the voice from heaven, and the figures alongside Jesus.

The garments Jesus wears are turned 'dazzlingly white, whiter than any earthly bleacher could make them.' The symbolism should be clear. He is pure. Moses and Elijah appear alongside Jesus, representing the Law and the Prophets. Jesus fulfils both; his ministry is in continuity with Moses and Elijah. He is not doing anything contrary to either. Rather than rest in the moment, and simply take in the wonderment of it all, Peter breaks into the scene with an idea to make three tents, which would be places of worship, commemorating this event. His response is so typical of our own. He wants to preserve the occasion, mark it in some way. But no sooner had he voiced this proposal than God himself, the voice from heaven, speaks in a way reminiscent of Jesus' baptism. Now the three disciples, not present at Jesus' baptism, hear the voice too. And with that, the episode ends. The three disciples are left alone with Jesus to come down from the mountain, struggling to understand what this experience and Jesus' own admonition meant.

Mountaintop experiences are rare, and we cannot stay there, as much as we would like. The Scriptures give us a glimpse into that reality. The encounter with the divine often happens that way, without warning. And it seems that as soon as we have the encounter, it is over and we are left to descend the mountain. We can share Peter's desire to commemorate the event. The three disciples are left wondering what the experience means, and what Jesus' saying about rising from the dead might mean. Of course, this experience and Jesus' saying will become clear in hindsight, after the crucifixion and resurrection. We have peak experiences followed by moments of wonder and discernment. The Christian life is not one grand, never-ending peak experience. In fact, such experiences may be rare, even as they were for the disciples. And the Christian life is not all wonder and discernment, as meaning develops gradually and in the light of unfolding events. We stay faithful to Jesus and accompany him in the peak experiences, and also in the struggle to discern meaning.





Welbeck Road, Walker

St. LAWRENCE'S Byker Crescent, Byker



NEWS FROM OUR PARISHES, PARTNERSHIP AND VICARIATE

RECENTLY DECEASED

Please pray for the repose of the souls of Joseph McDine & John Campbell who have died recently. Joseph's funeral service will take place on Friday at 11.15am at West Road Crematorium. John's Requiem Mass will take place on Monday 4th March at 10am at St. Anthony's. Eternal rest grant unto them O Lord, and let light perpetual shine upon them. May they rest in peace. Amen.

MONDAY LENT TALKS - 7 LAST WORDS OF JESUS

During Lent we are encouraged to give a renewed focus to prayer, fasting and almsgiving in our lives. These traditional Lenten activities help us to form new and good spiritual habits that prepare us for our celebration of Holy Week and lead us to the everlasting reward of God's transforming grace. I hope too, that you will take the opportunity to participate in our programme of Lenten activities. Immediately after Mass on a Monday evening, Fr Jonathon will be giving a series of short reflections on the 7 last words of Jesus upon the cross. These will last roughly I5minutes and will be a good way to reflect upon the words spoken to us from the Cross.

KAIROS - CONNECT, BELONG & GROW (HOUSE GROUPS)

Thank you to all those who have signed up for the Kairos Groups. Small groups have been created and there are a list of who is in each group at the back of our churches. If you haven't yet signed up please do consider doing so as we continue to connect with our brothers and sisters across the parishes; to increase our sense of belonging to a community of faith and help us to grow as we explore together the richness of the faith we profess and share.

'THE CHOSEN' & DISCUSSION GROUP

'The Chosen' is a TV series which looks at the life of Jesus and allows us to see Him through the eyes of those who knew him. Each Thursday evening at St Teresa's, we will meet together to watch a episode from the series and then discuss what we have seen.

STATIONS OF THE CROSS

Stations of the Cross takes place this afternoon at 5.00pm at St Anthony's. This afternoon we will use the meditations by Bishop Campbell. Next Sunday stations will take place at St Lawrence's.

SUNDAY SCRIPTURE REFLECTION GROUP

Sister Sylvia will be leading a scripture reflection group on a Tuesday evening at 7pm at St Anthony's Presbytery. The group will look at the coming weeks scripture readings and reflect upon them. Everyone is most welcome!

DAILY MASS AND EXPOSITION

Mass is celebrated within our three parishes every day (except a Wednesday). Are you retired? Are you on holiday? Are you free during the day? Do you need some support? Come to Mass during the week and experience the benefits we receive by doing so. Adoration gives us some quiet time for prayer and peacefulness and at Mass the Lord Jesus feeds us with his body and blood. What a wonderful opportunity lies before us every week! During Lent, there will be more opportunities to come before Our Blessed Lord, truly present in the Blessed Sacrament. Please accept his invitation to 'come to me'.

MASS INTENTIONS

At the Altar the priest offers Mass for the good of the whole Church and for a particular intention. Currently the parishes has very few Mass intentions booked in during the week. There is nothing better than having a Mass offered for someone, or for some intention. Do you want a Mass offered for a particular intention? Perhaps for a deceased relative or friend, or for someone who is sick, or for your own intention? For Mass to be offered it is tradition that a stipend is donated to contribute to the upkeep of your priest. Please contact the office, or fill out a Mass envelope (available in the church porches) and return to Fr Jonathon if you would like a Mass offered.

SACRAMENT OF BAPTISM

Any Parents wishing to have their child baptised are asked to speak to Fr Jonathon after Sunday Masses, and to collect an application form from him. Once the form is returned you will be invited onto the next Baptism Meeting. The next meeting is on Monday 11th March at St Teresa's Presbytery at 7.00pm.

LENT LUNCHES

Churches together in Heaton have once again organised a series of Lent Lunches. A poster is displayed in our churches of the dates and times. St. Teresa's will be hosting on this Tuesday between 12.30 - 1.30pm.

CHURCH CLEANING FOR EASTER

As we approach the great Solemnity of the Paschal Mysteries it is also important that we prepare our Churches for the Masses and services. If you are able to help with cleaning the Church please come along on the following dates. St. Anthony's - Thursday 28th March between 9am-11am. St. Teresa's - Friday 22nd March 10am-12noon. St. Lawrence's - Wednesday 27th March between 5p - 6.30pm.

EASTER RAFFLES

Once again our churches are organising Easter Raffles. If you would like to donate any Easter Eggs or bottles please bring these along and leave in the Sacristy. Raffle Tickets will be available after all Weekend Masses from next weekend.

WORLD DAY OF PRAYER

The World Day of Prayer service for 2024 has been prepared by the Christian women of Palestine, with the theme, 'I beg you, bear with one another in love.' The service for our area will take place at 10.30am on Friday 1st March at St Fracnis', High Heaton. All are welcome to attend, and we encourage parishioners to support this short service which is an opportunity to meet with our local Christian communities in a spirit of prayerful and convivial fellowship.

NEWS FROM OUR DIOCESE

IS GOD CALLING YOU TO BE A PRIEST?

The Vocations Team extends an invitation to men aged 18+, who might be experiencing the call from God to discern priesthood to join the Vocations Team in finding out more. The evenings will take place at St Joseph's Church, Stanley once a month on a Tuesday Evening. For more information, please see the posters in the church porches or speak to Fr Jonathon.

LOUDfence. ST, MARY'S CATHEDRAL AND NEWCASTLE CATHEDRAL

Together with the Diocese of Newcastle, our diocesan family is privileged to be hosting a LOUDfence at St. Marys' Cathedral and at Newcastle Cathedral. It will begin at the 11.30 Sunday Mass on the 3rd March at St. Mary's Cathedral and end with a Service of the Word at Newcastle Cathedral on the 6th March at 7pm. Everyone is welcome to these liturgies and to visit both Cathedrals during the days to offer their prayers and support for all who have suffered abuse within church communities and all contexts. We are invited to leave prayers and messages together with provided items like the prayer ribbons presented to Bishop Stephen at his Installation Mass, which are still tied to his Bishop's Chair. People can leave their prayers and messages within or outside of the Cathedrals, recognising some people would rather not enter a place of worship. There will be people available for pastoral accompaniment if that is requested. As a diocesan family we pray for all who have suffered abuse and recognise our shared duty to safeguard the vulnerable.

LENT FAMILY DAY

The Catholic Mothers and the Carmelite Friars invite you, and your family, along to a Lenten day at St. John Vianney's, West Denton. The day will begin with the celebration of Holy Mass at 10am, followed by a short talk and the opportunity for Confessions. There will be activities for children and a Soup Lunch for all.

From the Parish Diaries								
Monday	2.00 - 3.00 pm	Scripture & Natter Group	St. Teresa's					
Tuesday	10.30 - 11.15 amRefreshments & Natter7.00 - 8.00 pmSunday Scriptures Reflection Group		St. Anthony's St. Anthony's					
Wednesday	6.30 - 7.30 pm	'New Wine' Prayer Group	St. Anthony's					
Thursday	7.00 - 8.15 pm	'The Chosen' & Discussion Group	St. Teresa's					