

# MASSES & SERVICES FOR THE COMING WEEK

Day	Date	Time	Church	Mass Intention	
Sat	17 Feb	4.45 pm 5:30 pm	St. Anthony's	Confessions Vigil Mass of Sunday	Ray Gallagher <i>1st Sunday of Lent</i>
Sun	18 Feb	8.30 am 9:00 am 11.00 am 5.00 pm	St. Lawrence's St. Lawrence's St. Teresa's St. Teresa's	Confessions Holy Mass Holy Mass Stations of the Cross	Holy Souls People of the Parishes <i>1st Sunday of Lent</i>
Mon	19 Feb	5.45 pm 6.30 pm 7.00 pm	St. Teresa's St. Teresa's St. Teresa's	Adoration & Confessions Holy Mass Lent Talk	Salah Alead <i>Lent Feria</i>
Tue	20 Feb	9.15 am 10.00 am	St. Anthony's St. Anthony's	Stations of the Cross Holy Mass	Michael Dooley RIP <i>Lent Feria</i>
Wed	21 Feb				<i>Lent Feria</i>
Thur	22 Feb	8.45 am 9:30 am	St. Lawrence's St. Lawrence's	Stations of the Cross Holy Mass	<i>The Chair of St Peter</i>
Fri	23 Feb	8.45 am 9:30 am 7.00 pm	St. Teresa's St. Teresa's St. Teresa's	Adoration & Rosary Holy Mass Stations of the Cross	Thanksgiving <i>Lent Feria</i>
Sat	24 Feb	4.45 pm 5:30pm	St. Anthony's St. Anthony's	Confessions Vigil Mass of Sunday	People of the Parishes <i>2nd Sunday of Lent</i>
Sun	25 Feb	8.30 am 9:00 am 11.00 am 5.00 pm	St. Lawrence's St. Lawrence's St. Teresa's St. Anthony's	Confessions Holy Mass Holy Mass Stations of the Cross	Mary Gallagher RIP <i>2nd Sunday of Lent</i>



**St. TERESA'S**  
Heaton Road, Heaton



**St. ANTHONY'S**  
Welbeck Road, Walker



**St. LAWRENCE'S**  
Byker Crescent, Byker



## Parish Newsletter

**1<sup>st</sup> Sunday of Lent**

**Sunday 18<sup>th</sup> February 2024**



<b>Parish Priest:</b>	Fr Jonathon Bowes	Tel:	0191 265 5290
		Email:	Jonathon.bowes@diocesehn.org.uk
<b>Parish Secretary:</b>	Christine Dixon	Tel:	0191 265 5290
<b>Office Hours:</b>	Thursday & Friday 9.00am-3.00pm	Email:	stteresa.heaton@diocesehn.org.uk
<b>Safeguarding Reps:</b>	St. Teresa's: Jean Potts		
	St. Lawrence's: George Paul Atkinson		
	St. Anthony's: Christine Dixon		
<b>Parish Websites:</b>	www.stteresaeastnewcastle.org.uk		www.stanthonysstfrancis.org.uk

### THIS WEEKS REFLECTION FROM FR. JONATHON

**FAST, PRAY & GIVE**

Today's concise Gospel leads us firmly into Lent. The Holy Spirit has driven Jesus into the wilderness for forty days following his Baptism, and for forty days we are led to reflect on our Baptismal vows, in which we promised to reject sin and to follow Jesus.

In the desert Christ the Son of Man shows us that, looked after by God and his angels, it is possible for us to resist the temptations of Satan! But if we think of temptations only as gossip, sloth, adultery and so on, we are mistaken. The more subtle and most dangerous "empty promises" are the insidious creeping attractions of wealth, status, power. These desires prevail in secular society, which treats all of God's beloved creations as commodities for ownership and personal gain. It can feel like we are a long way from the Kingdom of God.

In Lent we have a 40-day "retreat" in which we are invited to examine our actions and priorities, to concentrate precisely on assuming the ways of Christ through fasting, prayer and almsgiving. We "Repent, and believe the Good News", and help others to do the same. In repenting we re-orientate our lives to God. To believe the "Good News" is to believe in who Christ is, and what he has done for us: through him all our sins are forgiven, and we are promised eternal life in Heaven. Salvation is a gift freely given, not a transaction - but crucially, in order to open the gift, we need first to believe it is ours. We are saved because God in his merciful, unconditional love chose to do so through the sacrifice of his only Son - we are not deserving of it, and nor can we earn it. This is the Good News that we seek to share with every person still living in the wilderness with their un-opened gift.

**Fr. Jonathon**



### LITURGY OF THE HOURS

(LIVE-STREAMED ON FACEBOOK)  
MONDAY - TUESDAY, THURSDAY - SUNDAY



**Morning Prayer**  
8.00am

**Evening Prayer**  
5.00pm

**Night Prayer**  
9.15pm

### Please continue to remember in your prayers:

*those who are sick or housebound and their carers:*

John Gourley, Doreen Graham, June Stephenson, Aileen, Tommy Allan, Tony Errington, Pat Matfin & Mary McLaren  
Our sick children: Josh Graham, James Taylor, Joseph Relph, Colby Taylor & Charlie Davidson

### THE CYCLE OF PRAYER

**Pope Francis' Monthly Prayer Intention for February:**

**For the terminally ill:** We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment

**During Lent**

We are asked to pray for these intentions: ; Candidates for the Sacraments, Women, The Needy and Hungry of the world, Penitents and Wanderers.

## NEWS FROM OUR PARISHES, PARTNERSHIP AND VICARIATE

### RECENTLY DECEASED

Please pray for the repose of the souls of Mark Keville, Joseph McDine & John Campbell who have died recently. Mark's funeral service will take place on Monday at 10.30am at West Road Crematorium. Joseph's funeral service will take place on Friday 1st March at 11.15am at West Road Crematorium. John's Requiem Mass will take place on Monday 4th March at 10am at St. Anthony's. Eternal rest grant unto them O Lord, and let light perpetual shine upon them. May they rest in peace. Amen.

### RITE OF ELECTION

Please keep in your prayers all those who will be received into the Church at Easter, through the Sacraments of Baptism, Confirmation & Communion. Within our parishes this year we have a number of people who will be baptised, received into the Church, or confirmed at the Easter Vigil. This afternoon they will be attending the Rite of Election at the Cathedral at 3.00pm. At the end this weekends Masses they will be sent out with our prayers.

### NEW MASS TIMES FOR OUR PARISHES

This weekend we introduce the new schedule of Mass times across our parishes. Therefore, the times of Masses across our parishes will now be :-

Saturday Evening - 5.30pm St Anthonys. Sunday Morning - 9.00am St Lawrence's and 11.00am at St Teresa's. Monday 6.30pm St. Teresa's. Tuesday 10.00am St. Anthony's. Thursday 9.30am at St Lawrence's. Friday 9.30am at St. Teresa's.

### MONDAY LENT TALKS - 7 LAST WORDS OF JESUS

During Lent we are encouraged to give a renewed focus to prayer, fasting and almsgiving in our lives. These traditional Lenten activities help us to form new and good spiritual habits that prepare us for our celebration of Holy Week and lead us to the everlasting reward of God's transforming grace. I hope too, that you will take the opportunity to participate in our programme of Lenten activities. Immediately after Mass on a Monday evening, Fr Jonathon will be giving a series of short reflections on the 7 last words of Jesus upon the cross. These will last roughly 15minutes and will be a good way to reflect upon the words spoken to us from the Cross.

### KAIROS - CONNECT, BELONG & GROW (HOUSE GROUPS)

The Kairos House Groups will be established over the next couple of weeks. If you haven't yet signed up please do consider doing so as we continue to connect with our brothers and sisters across the parishes; to increase our sense of belonging to a community of faith and help us to grow as we explore together the richness of the faith we profess and share.

### 'THE CHOSEN' & DISCUSSION GROUP

'The Chosen' is a TV series which looks at the life of Jesus and allows us to see Him through the eyes of those who knew him. Each Thursday evening at St Teresa's, we will meet together to watch a episode from the series and then discuss what we have seen. This weeks episode will look at the encounter Jesus had with the woman at the well.

### STATIONS OF THE CROSS

Stations of the Cross takes place this afternoon at 5.00pm at St Teresa's. This afternoon we will use the meditations by St John Henry Newman. Next Sunday stations will take place at St Anthony's.

### SUNDAY SCRIPTURE REFLECTION GROUP

Sister Sylvia will be leading a scripture reflection group on a Tuesday evening at 7pm at St Anthony's Presbytery. The group will look at the coming weeks scripture readings and reflect upon them. Everyone is most welcome! PLEASE park cars/enter via Philipson Street due to half-term and main gates may be shut.

### DAILY MASS AND EXPOSITION

Mass is celebrated within our three parishes every day (except a Wednesday). Are you retired? Are you on holiday? Are you free during the day? Do you need some support? Come to Mass during the week and experience the benefits we receive by doing so. Adoration gives us some quiet time for prayer and peacefulness and at Mass the Lord Jesus feeds us with his body and blood. What a wonderful opportunity lies before us every week! During Lent, there will be more opportunities to come before Our Blessed Lord, truly present in the Blessed Sacrament. Please accept his invitation to 'come to me'.

### MASS INTENTIONS

At the Altar the priest offers Mass for the good of the whole Church and for a particular intention. Currently the parishes has very few Mass intentions booked in during the week. There is nothing better than having a Mass offered for someone, or for some intention. Do you want a Mass offered for a particular intention? Perhaps for a deceased relative or friend, or for someone who is sick, or for your own intention? For Mass to be offered it is tradition that a stipend is donated to contribute to the upkeep of your priest. Please contact the office, or fill out a Mass envelope (available in the church porches) and return to Fr Jonathon if you would like a Mass offered.

### CHILDREN'S LITURGY AT ST. TERESA'S

Children's liturgy is available for Children aged 4-8. For those children who do attend the sessions, we do need a parental consent form filled in so that we are following the latest safeguarding guidelines. It is also important that children attend the liturgy on their own, as parent's are not allowed to stay with them due to safeguarding regulations. All our catechists do have enhanced DBS's and are trained to lead the sessions.

### SACRAMENT OF BAPTISM

Any Parents hoping to have their child baptised are asked to speak to Fr Jonathon after Sunday Masses, and to collect an application form. Once the form is returned you will be invited onto the next Baptism Meeting.

### CAFOD FAMILY FAST DAY

This Friday is the CAFOD's Family Fast Day, which gives us the opportunity this Lent to support our brothers and sisters who don't have enough to eat. On Friday 23 February can you give up a meal, or eat a simple meal, in solidarity? With malnutrition still killing almost three million children a year, your fasting, prayers and donations will ensure more of God's children have enough good food to eat. Please collect your Fast Day envelope from church this week and give generously.

### LENT LUNCHES

Churches together in Heaton have once again organised a series of Lent Lunches. A poster is displayed in our churches of the dates and times. St. Teresa's will be hosting on Tuesday 27th February.

## NEWS FROM OUR DIOCESE AND OTHER NEWS

### IS GOD CALLING YOU TO BE A PRIEST?

The Vocations Team extends an invitation to men aged 18+, who might be experiencing the call from God to discern priesthood to join the Vocations Team in finding out more. The evenings will take place at St Joseph's Church, Stanley once a month on a Tuesday Evening. For more information, please see the posters in the church porches or speak to Fr Jonathon.

### LOUDfence. ST, MARY'S CATHEDRAL AND NEWCASTLE CATHEDRAL

Together with the Diocese of Newcastle, our diocesan family is privileged to be hosting a LOUDfence at St. Marys' Cathedral and at Newcastle Cathedral. It will begin at the 11.30 Sunday Mass on the 3rd March at St. Mary's Cathedral and end with a Service of the Word at Newcastle Cathedral on the 6th March at 7pm. Everyone is welcome to these liturgies and to visit both Cathedrals during the days to offer their prayers and support for all who have suffered abuse within church communities and all contexts. We are invited to leave prayers and messages together with provided items like the prayer ribbons presented to Bishop Stephen at his Installation Mass, which are still tied to his Bishop's Chair. People can leave their prayers and messages within or outside of the Cathedrals, recognising some people would rather not enter a place of worship. There will be people available for pastoral accompaniment if that is requested. As a diocesan family we pray for all who have suffered abuse and recognise our shared duty to safeguard the vulnerable.

From the Parish Diaries			
Monday	2.00 - 3.00 pm	Scripture & Natter Group	St. Teresa's
Tuesday	10.30 - 11.15 am 7.00 - 8.00 pm	Refreshments & Natter Sunday Scriptures Reflection Group	St. Anthony's St. Anthony's
Wednesday	6.00 - 7.00 pm	'New Wine' Prayer Group This week - please park/enter via Philipson St.	St. Anthony's
Thursday	7.00 - 8.15 pm	'The Chosen' & Discussion Group	St. Teresa's